

Age-ing: Is an Adventure in Spiritual Growth are You Ready for the Journey?

In this day-long workshop, the Team of Sage-ing Leaders will help participants explore the possibility of adventure as people age without denying that aging can be challenging as well. This program will also cover end of life issues using Sage-ing Tenets.

Join people of all ages as we discuss these topics:
“LOOKING AT THE PAST WITH WHAT WE KNOW NOW!”
“REPAIRING RELATIONSHIPS”
“FACING THE FUTURE, NOT BACKING INTO IT”
“LEAVING YOUR LEGACY”

Place: Loretto Health and Rehabilitation

Address: 700 East Brighton Ave.; Syracuse, NY 13205

Date: May 4, 2013 **Time:** 10:00 – 5:00

Registration Begins: 9:30 **Program:** Will start promptly at 10:00

Cost: No fee for the workshop, \$10.00 for a boxed lunch

Deadline for registration: April 20, 2013 **Mail to:** Nina LaFontaine, Loretto Health and Rehabilitation, 700 East Brighton Ave, 13205, or you can call at 315-413-3272

Sponsored By: Joel Potash, MD Fund, Upstate Medical University Foundation

Co-Sponsors: Loretto, Sage-ing® International, The Department of Aging and Youth, and Dept. of Family Medicine at Upstate University.

Every life matters immensely, every well lived and completed life helps in healing the world. Rabbi Zalman

